



GF MENU OPTIONS (9/10)

Guest Copy

Item	GF Status	Notes
Starters		
World Famous Wings	GF	GF if request fried in fry fryer and sauced in separate container *See info on sauces at bottom
Buffalo Bites	Not GF	
Onion Rings	Not GF	
Potato Skins	GF	Request skins fried in fry fryer
Sticky Bites	GF	
Sticky Finger Quesadilla	Not GF	
Sticky Fingers	Not GF	
Ultimate, Chicken, Philly Nachos	GF	Request tortilla chips are fried in fry fryer
Wings & Things Sampler	Not GF	
Zucchini Sticks	Not GF	
ALL PIZZAS		
	Not GF	
Salads		
Asian Crunch Salad	Not GF	
Balsamic Chicken Salad	GF	No marinated chicken
BBQ Chopped Salad	GF	No marinated chicken, no BBQ sauce
Caesar Salad	GF	No croutons
Crispy Chicken Salad	GF	No marinated chicken, no croutons, If fried in fry fryer
House Salad	GF	No croutons
Original Grilled Chicken Salad	GF	No marinated chicken
Sticky Finger Salad	Not GF	
Winger's BBQ Cobb	GF	No marinated chicken, no BBQ sauce
Dressings:		
Asian Plum	Not GF	
Balsamic Vinaigrette	GF	
Bleu Cheese	Not GF	
Caesar	GF	
Cilantro Lime	GF	
Creamy Amazing Dressing	GF	
Ranch	GF	
Sides		
Baked Potato	GF	
Fries	GF	**Omit Mesquite Seasoning
Rice	GF	
Soups and Combos		
Broccoli and Cheese	Not GF	
Chicken Noodle	Not GF	
Clam Chowder	Not GF	
Tortilla Soup	Not GF	
Burgers are no longer Gluten Free due to seasoning containing wheat in the patty's.		
Kids burger patty's are GF because they do not contain the seasoning.		
Veggie Burger	Not GF	
Sandwiches		
BBQ Pork Sandwich	Not GF	
Bootleg BBQ Chicken Wrap	Not GF	
Cajun Bacon Turkey Bacon Melt	Not GF	
Deluxe Chicken Sandwich	Not GF	
Philly Cheesesteak Sandwich	Not GF	
Sticky Finger Wrap	Not GF	
Turkey BLT Sandwich	Not GF	
Winger's Crispy Chicken Sand.	Not GF	
Dinners		
Amazing Ribs	GF	No BBQ sauce
Black Pepper Steak	Not GF	
Blackened Chicken Alfredo	Not GF	
Chicken Pot Pie	Not GF	
Cilantro Lime Chicken	GF	
Country Fried Streak	Not GF	
Fish and Chips	Not GF	

Grilled Salmon	GF	
Loaded Chicken	GF	No sweet teriyaki
Rib & Finger Combo	Not GF	No BBQ sauce
Rib & Wing Combo	GF	See note above about Wings, no BBQ
Sizzlin Fajitas (ALL)	Not GF	
Sizzling Chicken	GF	No marinated chicken
Sizzling Steak	Not GF	
Sticky Finger Rice Bowl	Not GF	
Sticky Fingers Dinner	Not GF	
Teriyaki Rice Bowl	Not GF	
Wing Dinner		See note above about Wings
Kids Menu		
Alfredo	Not GF	
Chicken Fingers & Fries	Not GF	
Corn Dog Nuggets and Fries	Not GF	
Grilled Cheese & Fries	Not GF	
Grilled Chicken & Rice	Not GF	No marinated chicken, no BBQ sauce
Kid Burger and Fries	GF	Must omit bun and fry seasoning
Mac & Cheese	Not GF	
Quesadilla & Rice	GF	Sub for corn tortillas
Turkey Sandwich & Fries	Not GF	
Wing's and Fries	GF	See note above about Wings and Fries
Junior Menu		
Junior Alfredo	Not GF	
Junior Double Cheeseburger	Not GF	
Junior Fingers	Not GF	
Junior Ribs	GF	No BBQ sauce, no fry seasoning
Junior Wings		See note above about Wings and Fries

Desserts		
Asphalt Pie	Not GF	
Chocolate Avalanche	Not GF	
Concrete Pie	Not GF	
Cookie Zookie	Not GF	
Beverages		
Flavored Sodas	GF	
Flavored Lemonades/Teas	GF	
Sodas- All flavors	GF	
Miscellaneous		
BBQ Sauce	Not GF	
Buffalo Sauce	GF	
Fry Seasoning	Not GF	
Original Amazing Sauce	GF	
Sweet Teriyaki	Not GF	
Bacon	GF	
Cajun Seasoning	GF	
Fajita Seasoning	Not GF	
Popcorn	GF	

PLEASE NOTIFY YOUR SERVER THAT YOU ARE ORDERING FOR A GLUTEN FREE SPECIFIC DIET TO AVOID ANY POSSIBLE CROSS CONTAMINATION